

# Operator Training Solutions Ltd

Unit 14 West Moor Park Networkcentre  
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Counterbalance, Reach & Container Handling Trucks A8 B1 B2 B3 D1 D2 G2

## **Course Overview**

To provide the theoretical and practical knowledge to safely operate a lift truck

## **Who Should Attend**

Delegates who are required to safely operate a lift truck within the scope of any working activity they are employed to carry out

## **Course Content**

The course will comprise theoretical and practical instruction covering the following:

- Responsibilities under the Health & Safety at Work Act 1974, PUWER 98 & LOLER 98
- Operators Safety Code
- Battery maintenance and charging procedures
- Diesel LPG refuelling
- Pre-use checks
- Factors affecting stability
- Motive controls
- Hydraulic controls
- Manoeuvring in open and confined areas
- Stacking at different levels
- De-stacking with laden and unladen pallets
- Lorry loading and unloading

## **Course Outcome**

### **Knowledge**

On completion of training candidates will have a theoretical understanding of the following:

- Responsibilities under the Health & Safety at Work Act 1974, PUWER 98 & LOLER 98.
- Operators safety code
- Battery maintenance and charging procedures
- Diesel LPG refuelling
- Pre-use checks
- Factors affecting stability
- Stacking and de-stacking in open and confined areas
- Lorry loading and unloading

### **Skill**

On completion of training the candidate will be able to carry out:

- Drive and operate the lift truck safely and efficiently
- Stack and de-stack at various levels in a safe and competent manner
- Carry out pre-use checks to ensure the equipment is in a safe condition
- Carry out battery maintenance and charging procedures
- Carry out diesel, LPG refuelling
- Load and unload vehicle

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## **Course Requirements**

PPE (Ear Defenders, Goggles, Hi-Visibility Clothing, Overalls, Safety Boots, Gloves) as is necessary

## **Course Durations**

Novice Operator	5 Days
Experienced Operator	3 Days
Refresh & Test	1 Day

Ratio: 1 Machine: 3 Candidates: 1 Instructor

## **Certification**

ITSSAR Certificate.

## **Note:**

Depending on limitations and work-related procedures on specific sites some elements may not be covered, other specific site elements may be included. This will be notified at the time of training.