

# Operator Training Solutions Ltd

Unit 14 West Moor Park Networkcentre  
Yorkshire Way Armthorpe  
Doncaster South Yorkshire DN3 3GW  
Tel: 01302 830 050  
E-mail: enquiries@operatortrainingsolutions.co.uk

## Rider Operated Industrial Sideloader Lift Truck C1 C2 C3 G3 M

### Course Overview

To provide the theoretical and practical knowledge to safely operate a Rider Operated Industrial Sideloader Lift Truck

### Who Should Attend

Delegates who are required to safely operate Rider Operated Industrial Sideloader Lift Truck within the scope of any working activity they are employed to carry out

### Course Content

The course will provide theoretical and practical instruction covering the following:

- The Health & Safety at Work Act 1974, PUWER 98 & LOLER 98
- Operators Safety Code
- Daily inspection
- Hydraulic systems
- Safe operating practices
- Engineering principles
- Starting, stopping, steering & simple manoeuvring
- Operation of hydraulic controls, weight assessment and handling laden and unladen pallets
- Vehicle loading and unloading

### Course Outcome

#### Knowledge

On completion of training candidates will have a theoretical understanding of the following:

- The Health & Safety at Work Act, 1974, PUWER 98 & LOLER 98
- Operators Safety Code and practices
- Daily inspection procedures
- Hydraulic systems and engineering principles
- Assessment of weights

#### Skill

On completion of training the candidate will be able to:

- Carry out daily inspections including battery care
- Operate a Sideloader truck safely complying with the operator's safety code
- Load and unload vehicles safely and stack load correctly

# Operator Training Solutions Ltd

Unit 14 West Moor Park Networkcentre  
Yorkshire Way Armthorpe  
Doncaster South Yorkshire DN3 3GW  
Tel: 01302 830 050  
E-mail: enquiries@operatortrainingsolutions.co.uk

## Rider Operated Industrial Sideloader Lift Truck C1 C2 C3 G3 M

### Course Requirements

PPE (Ear Defenders, Goggles, Hi-Visibility Clothing, Overalls, Safety Boots, Gloves) as is necessary

### Course Durations

Duration:	Novice Operator	5 Days
	Experienced Operator	3 Days
	Refresh & Test	1 Day

Ratio: 1 Sideloader: 3 Candidates: 1 Instructor

### Certification

ITSSAR Certificate.

### Note:

Depending on limitations and work-related procedures on specific sites some elements may not be covered, other specific site elements may be included. This will be notified at the time of training.