

Operator Training Solutions Ltd

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Very Narrow Aisle Stacking Trucks Operator-Up F1

Course Overview

To provide the theoretical and practical knowledge to safely operate a Very Narrow Aisle Operator-Up Truck.

Who Should Attend

Delegates who are required to safely operate Rider Operated Industrial Sideloader Lift Truck within the scope of any working activity they are employed to carry out

Course Content

The course will comprise theoretical and practical instruction covering the following:

- Responsibilities under the Health & Safety at Work Act, 1974, PUWER 98 & LOLER 98
- Operators Safety Code
- Battery maintenance and charging procedures
- Pre-use checks
- Factors affecting stability
- Motive controls
- Hydraulic controls
- Manoeuvring in open and confined areas including entry & aisle safety procedures
- Stacking at different levels
- De-stacking with laden and unladen pallets

Course Outcome

Knowledge

On completion of training candidates will have a theoretical understanding of the following:

- Responsibilities under the Health & Safety at Work Act 1974, PUWER 98 & LOLER 98
- Operators safety code
- Battery charging and maintenance procedures
- Pre-use checks
- Factors affecting stability
- Stacking and de-stacking in open areas and the confines of a very narrow aisle
- The knowledge of abseil requirements

Skill

On completion of training the candidate will be able to:

- Drive and operate the lift truck safely and efficiently
- Stack and de-stack at various levels in a safe and competent manner
- Carry out pre-shift checks to ensure the equipment is in a safe condition
- Carry out battery charging and maintenance procedures

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Course Requirements

PPE (Ear Defenders, Goggles, Hi-Visibility Clothing, Overalls, Safety Boots, Gloves) as is necessary

Course Durations

Duration:	Novice Operator	5 Days
	Experienced Operator	3 Days
	Refresher & Test	1 Day

Ratio: 1 Very Narrow Aisle Truck: 3 Candidates: 1 Instructor

Certification

ITSSAR Certificate.

Note:

Depending on limitations and work-related procedures on specific sites some elements may not be covered, other specific site elements may be included. This will be notified at the time of training.