

Operator Training Solutions Ltd

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Industrial Variable Reach Lift Trucks J4

Course Overview

To provide the theoretical and practical knowledge to safely operate an industrial variable reach lift truck.

Who Should Attend

Delegates who are required to safely operate an industrial variable reach lift truck within the scope of any working activity they are employed to carry out.

Course Content

The course will comprise theoretical and practical instruction covering the following:

- Responsibilities under the Health & Safety at Work Act 1974, PUWER 98 & LOLER 98.
- Operators safety code
- Battery maintenance charging and refuelling procedures
- Pre-use checks
- Factors affecting stability
- Motive controls
- Hydraulic controls
- Manoeuvring in open and confined areas (level; inclines; rough terrain (where applicable))
- Stacking at different levels in open and confined areas
- De-stacking with laden and unladen pallets
- Load weight assessment and load moment indicator
- Safe use of attachments (if applicable)
- Lorry loading and unloading

Course Outcome

Knowledge

On completion of training candidates will have a theoretical understanding of the following:

- Responsibilities under the Health & Safety at Work Act 1974, PUWER 98 & LOLER 98.
- Operators safety code
- Battery maintenance and charging procedures
- Pre-use checks
- Factors affecting stability
- Stacking and de-stacking in open and confined areas
- Load weight assessment and load moment indicators
- Lorry loading and unloading

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Skill

On completion of training the candidate will be able to:

- Drive and operate the lift truck safely and efficiently
- Stack and de-stack at various levels in a safe manner in open and confined areas
- Carry out pre-use checks to ensure the equipment is in a safe condition
- Carry out battery maintenance and charging procedures
- Load and unload vehicles
- Operate safely on various ground conditions

Course Requirements

PPE (Ear Defenders, Goggles, Hi-Visibility Clothing, Overalls, Safety Boots, Gloves) as is necessary.

Course Durations

Duration:	Novice Operator	5 Days
	Experienced Operator	3 Days
	Refresh & Test	1 Day

Ratio: 1 Machine: 3 Candidates: 1 Instructor

Certification

ITSSAR Certificate.

Note:

Depending on limitations and work-related procedures on specific sites some elements may not be covered, other specific site elements may be included. This will be notified at the time of training.