

Operator Training Solutions Ltd

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Rough Terrain Masted Lift Truck J1

Course Overview

To provide the theoretical and practical knowledge to safely operate a Rough Terrain Masted lift truck.

Who Should Attend

Delegates who are required to safely operate Rough Terrain Masted Lift Trucks within the scope of any working activity they are employed to carry out.

Course Content

The course will comprise theoretical and practical instruction covering the following:

- Responsibilities under the Health & Safety at Work Act 1974, PUWER 98 & LOLER 98.
- Operators safety code
- Battery maintenance, charging procedures and re-fuelling
- Pre-use checks
- Factors affecting stability
- Motive controls
- Hydraulic controls
- Manoeuvring in open and confined areas
- Stacking at different levels in open and confined areas
- De stacking with laden and unladen pallets in open and confined areas
- Lorry loading and unloading
- Rated capacity

Course Outcome

Knowledge

On completion of training candidates will have a theoretical understanding of the following:

- Responsibilities under the Health & Safety at Work Act 1974, PUWER 98 & LOLER 98.
- Operators safety code
- Battery maintenance, charging procedures and refuelling
- Pre-use checks
- Factors affecting stability
- Stacking and de-stacking in open and confined areas
- Lorry loading and unloading
- Rated capacity

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Skill

On completion of training the candidate will be able to:

- Drive and operate the lift truck safely and efficiently
- 4.2 Stack and de-stack at various levels in a safe and competent manner
- 4.3 Carry out pre-use checks to ensure the equipment is in a safe condition
- 4.4 Carry out battery maintenance, charging procedures and re-fuel
- 4.5 Load and unload vehicles
- 4.6 Manoeuvre in confined spaces
- Attachments available in the workplace (if applicable)

Course Requirements

PPE (Ear Defenders, Goggles, Hi-Visibility Clothing, Overalls, Safety Boots, Gloves) as is necessary.

Course Durations

Duration:	Novice Operator	5 Days
	Experienced Operator	3 Days
	Refresh & Test	1 Day

Ratio: 1 Lift Truck: 3 Candidates: 1 Instructor

Certification

ITSSAR Certificate.

Note:

Depending on limitations and work-related procedures on specific sites some elements may not be covered, other specific site elements may be included. This will be notified at the time of training.