

Operator Training Solutions Ltd

Unit 14 West Moor Park Networkcentre
Yorkshire Way Armthorpe
Doncaster South Yorkshire DN3 3GW
Tel: 01302 830 050
E-mail: enquiries@operatortrainingsolutions.co.uk

Rough Terrain Variable Reach & Telescopic Trucks J2 J3

Course Overview

To provide the theoretical and practical knowledge to safely operate a Rough Terrain Variable Reach and Telescopic Truck.

Who Should Attend

Delegates who are required to safely operate Rough Terrain Variable Reach and Telescopic Trucks within the scope of any working activity they are employed to carry out.

Course Content

The course will comprise theoretical and practical instruction covering the following:

- Responsibilities under the Health & Safety at Work Act 1974, PUWER 98 & LOLER 98.
- Operators safety code
- Battery maintenance charging and refuelling procedures
- Pre-use checks
- Factors affecting stability
- Motive controls
- Hydraulic controls
- Manoeuvring in open and confined areas and over varying terrain
- Stacking at different levels in open and confined areas
- De-stacking with laden and unladen pallets
- Load weight assessment and load moment indicator
- Safe use of attachments (if applicable)
- Lorry loading and unloading
- Post-operative checks

Course Outcome

Knowledge

On completion of training candidates will have a theoretical understanding of the following:

- Responsibilities under the Health & Safety at Work Act 1974, PUWER 98 & LOLER 98.
- Operators safety code
- Battery maintenance and refuelling procedures
- Pre-use checks
- Factors affecting stability
- Stacking and de-stacking/manoeuvring in open and confined areas and over varying terrain
- Load weight assessment and load moment indicators
- Lorry loading and unloading
- The load handling envelope.
- The safe load indicator
- Attachments available in the workplace (if applicable)
- Post-operative checks

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Skill

On completion of training the candidate will be able to:

- Drive and operate the lift truck safely and efficiently
- Stack and de-stack at various levels in a safe manner in open and confined areas and over varying terrain
- Carry out pre-use checks to ensure the equipment is in a safe condition
- Carry out battery maintenance and refuelling procedures
- Load and unload vehicles
- Operate safely on and over various ground conditions
- Attachments available in the workplace (if applicable)
- Carry out post-operative checks

Note:

Varying terrain is indoor and outdoor over all surfaces including rough terrain.
Varied work applications cover: Stacking; De-stacking Transporting; Vehicle/Trailer Loading/ Unloading; Operator Safety; Use of Controls. All applications should be specific to the working environment.

Course Requirements

PPE (Ear Defenders, Goggles, Hi-Visibility Clothing, Overalls, Safety Boots, Gloves) as is necessary.

Course Durations

Duration:	Novice Operator	5 Days
	Experienced Operator	2/3 Days
	Refresh & Test	1 Day

Ratio: 1 Lift Truck: 3 Candidates: 1 Instructor

Certification

ITSSAR Certificate.

Note:

Depending on limitations and work-related procedures on specific sites some elements may not be covered, other specific site elements may be included. This will be notified at the time of training.